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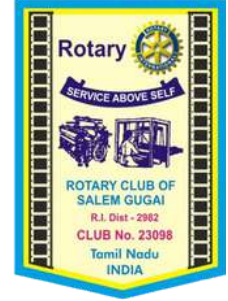


ROTARY CLUB OF SALEM GUGAI

Club No : 23098

Zone : 5

Chartered On : 13-08-1985



MONTHLY NEWS LETTER

NOVEMBER - 2025

ROTARY FOUNDATION MONTH



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Secretary



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Treasurer



Rtr.M.MANIKANDAN
DRR ELECT - RID 2982
CLUB NEWSLETTER EDITOR

ROTARY INTERNATIONAL DISTRICT 2982



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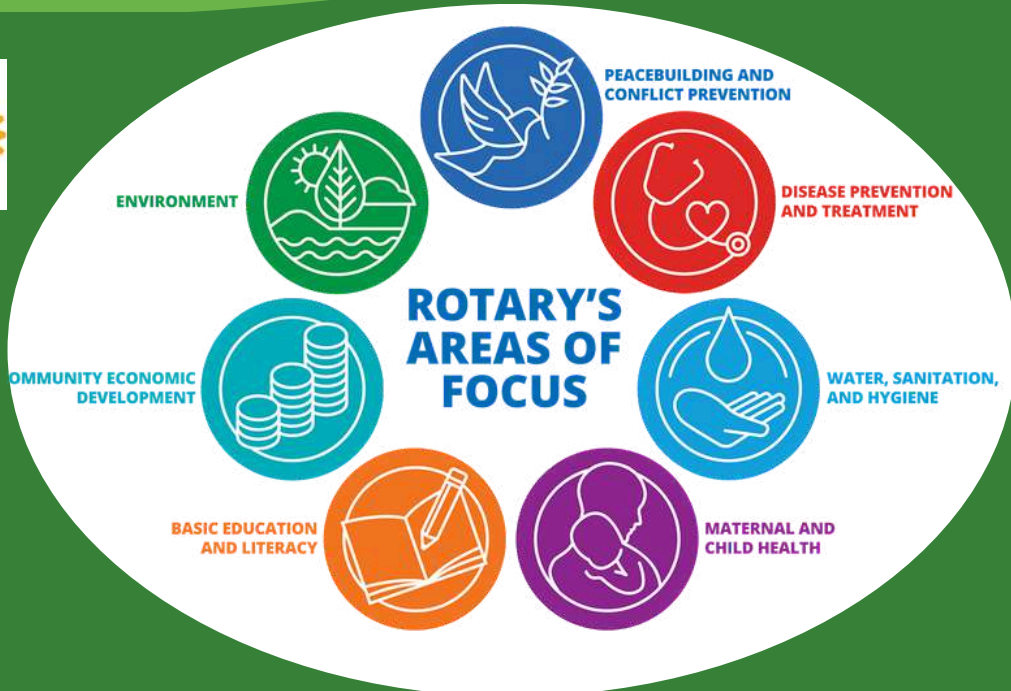
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THE ROTARY FOUNDATION



The Rotary Foundation is one of the world's leading humanitarian foundations.

☀ Key Facts About The Rotary Foundation

* **Humble Beginnings**: The Foundation was established in 1917 by then-Rotary President Arch Klumph as an endowment "for the purpose of doing good in the world." The initial contribution was just \$26.50 from the Rotary Club of Kansas City, Missouri.

* **Massive Impact**: Since its founding over 100 years ago, the Foundation has spent more than US\$4 billion on life-changing, sustainable projects around the globe.

* **Daily Grants**: The Rotary Foundation currently awards grants averaging about \$1 million per day to support projects led by Rotarians.



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THE ROTARY FOUNDATION

* **Polio Eradication is the Top Priority:** Rotary launched the PolioPlus program in 1985 and has been the main driver in the global effort to eradicate polio. Rotary and its partners have helped reduce polio cases worldwide by 99.9 percent.

* **The Paul Harris Fellow:** This recognition, named for Rotary's founder, began in 1957 for people who contribute (or have contributions made in their name) of \$1,000 to The Rotary Foundation.

* **Focus Areas:** The Foundation funds service projects in seven areas of focus to create a lasting impact:

- * Promoting Peace
- * Fighting Disease
- * Providing Clean Water, Sanitation, and Hygiene
- * Saving Mothers and Children
- * Supporting Education
- * Growing Local Economies
- * Protecting the Environment (The newest area of focus, added in 2020)

* **Peace Centers:** The Foundation runs the Rotary Peace Centers program, which offers fully funded academic fellowships to train the world's future peace leaders at premier universities.

The mission of The Rotary Foundation is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

ROTARY CLUB OF SALEM GUGAI



WEEKLY MEETING NO : 13

SPEAKER MEETING

04.11.2025 அன்று நடைபெற்ற நமது சங்கத்தின் வாராந்திர கூட்டத்தில், ரோட்டரி கிளப் சேலம் பீனீக்ஸ் சங்கத்தின் உறுப்பினரும், பிரபல கட்டிட ஆலோசகருமான ரோட்டேரியன் பெரின் ஐசக் (Issac Paints & Issac Structural Consultancy) அவர்கள் கலந்து கொண்டார். அவர் "கட்டிடத் துறையில் மாற்றங்கள், சவால்கள் மற்றும் வளர்ச்சி வாய்ப்புகள்" என்ற தலைப்பில் நம்முடன் உரையாடினார். அன்றாட வாழ்வில் கட்டிடக்கலையின் முக்கியத்துவத்தையும், சிறந்த தொழில்நுட்பங்களையும் எடுத்துரைத்தார். மிகவும் பயனுள்ள தகவல்களை நம்மிடையே பகிர்ந்து கொண்டார்.



04.11.2025 07:31 AM



GUGAI ROTARY MAHAL, SALEM.

ROTARY CLUB OF SALEM GUGAI



CHILDREN'S DAY CELEBRATION

On behalf of Rotary Club of Salem Gugai CHILDREN'S DAY was celebrated on 7th November 2025 with the children of Panchayath union middle school, Kolinjipatty.

As a part of the celebration many events were conducted. Children took part in all the events enthusiastically and won prizes.

Also the Children who performed well in academics were honored. Children who maintained 100% attendance were also appreciated. The achievers were honored with certificates and gifts sponsored by ROTARY CLUB of SALEM GUGAI.

In view of CHILDREN'S DAY all the children of the School were presented with useful gifts by Rotary Club of Salem Gugai.

The event was very well organized and conducted by the school Principal and Staff members.


07.11.2025

10:00 AM

PUMS , KOLINJIPATTI

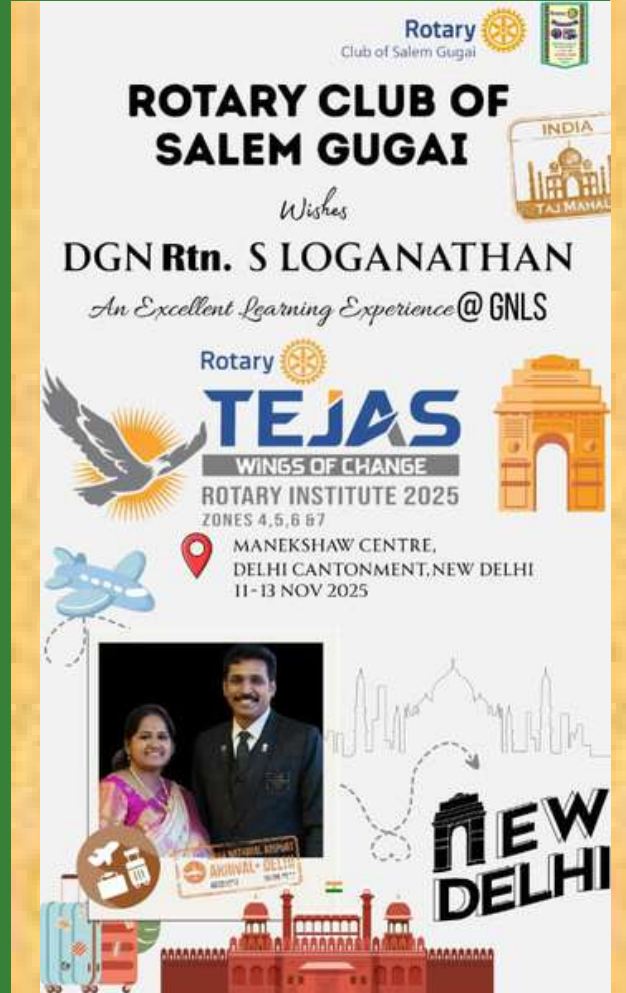
ROTARY CLUB OF SALEM GUGAI



ROTARY CLUB OF SALEM GUGAI



ROTARY CLUB OF SALEM GUGAI



DGNLS & THE ROTARY INSTITUTE

DGN.RTN.S.LOGANATHAN , a proud member of our club , along with his spouse Rtn.Gayathri Loganathan, The President of our Club attended the DGNLS and THE ROTARY INSTITUTE – TEJAS at Manekshaw Centre, New Delhi. From 11th Nov to 16th November, 2025.



11.11.2025



NEW DELHI

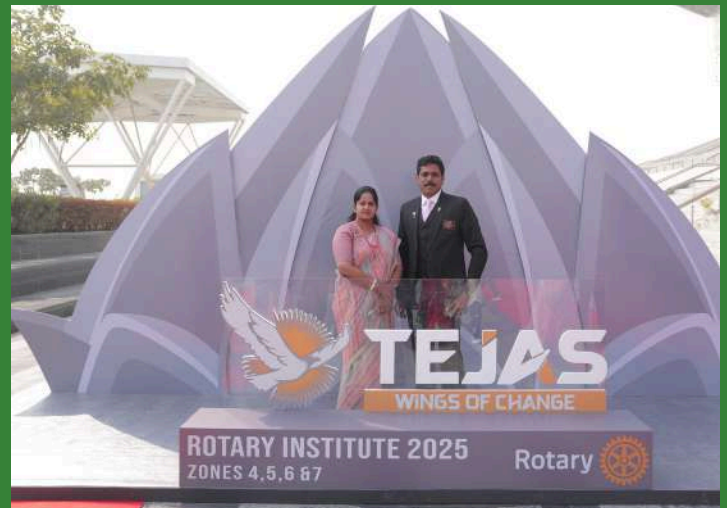
CHERISHABLE MEMORIES.. @ GNLS Inauguration



CHERISHABLE MEMORIES... @ GNLS SESSIONS



CHERISHABLE MEMORIES.....



CHERISHABLE MEMORIES.....



CHERISHABLE MEMORIES...With RI PRESIDENT



CHERISHABLE MEMORIES.. VISIT TO INDIAN PARLIMENT



ROTARY CLUB OF SALEM GUGAI

SERVICE PROJECT SEMINAR



16.11.2025



11.00 AM



THIRUCHENGODE



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MILLET BROWNIES & COOKIES WORKSHOP

Rotary Club of Salem Gugai Organized Millet-Based Workshop on 20.11.2025, 10.30 AM @Gugai Rotary mahal to Promote Healthy Eating and Entrepreneurship.

The workshop on millet-based cookies and snacks was conducted by Mrs.Suja , Founder of Dad's Millet Tales, an online Millet Food store. The event aimed to introduce participants to the benefits of millets and provide them with practical skills to incorporate these nutritious grains into their daily lives.

Introducing Millets to the New Generation

Millets are an excellent source of nutrition, but introducing them to the new generation can be a challenge. However, by incorporating millets into popular snacks and baked goods, individuals can enjoy the health benefits of these grains while still satisfying their cravings. The workshop provided a unique opportunity for participants to learn about the benefits of millets and how to make delicious millet-based treats.

Chief Guest and Inauguration

The workshop was inaugurated by Past District First Lady, Mrs. Poongodi Siva Kumar, who emphasized the importance of healthy eating and entrepreneurship. The participants were inspired by her words and enthusiasm, and they expressed their gratitude for the opportunity to learn about millet-based cooking.

Empowering Women through Entrepreneurship

The workshop also aimed to empower women by providing them with the skills and knowledge to start their own small businesses. By learning how to make millet-based snacks and baked goods, participants can create products that are not only healthy but also marketable. This initiative aligns with the Rotary Club's commitment to supporting women's empowerment and entrepreneurship.



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A Great Learning Experience

The workshop was attended by around 20 participants who were eager to learn about millet-based cooking. Suja, the founder of Dad's Millet Tales, conducted the workshop and demonstrated various recipes, including cookies, brownies, and other snacks. The participants were impressed by Suja's expertise and attention to detail, and they actively participated in the excellent learning experience.

Generous Donation to Rotary Foundation

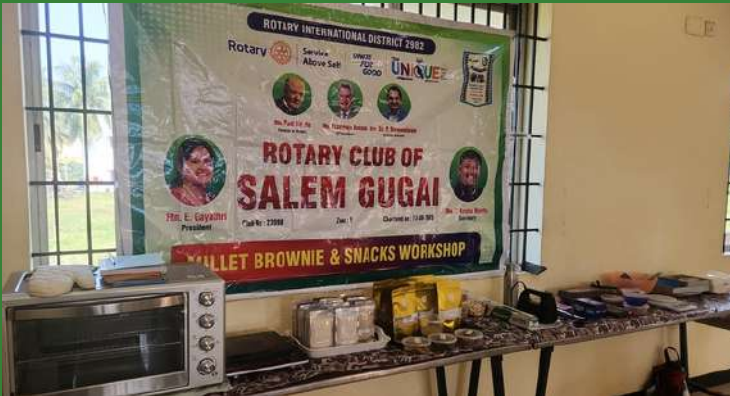
In a heart warming gesture, Suja donated Rs. 3,200 to the Rotary Foundation from the sales of her products during the workshop. This generous act reflects the spirit of community service and giving back that is at the heart of Rotary.

A Grand Success

The workshop was a grand success, thanks to the efforts of Chairman Mrs. Priya Ravi Kumar, and Co-Chairman Mrs. Savitha Mani wannan, who worked tirelessly to organize the event. The participants left with new skills and knowledge, and the event was a testament to the Rotary Club's commitment to promoting healthy eating and entrepreneurship.



ROTARY CLUB OF SALEM GUGAI



20.11.2025 10:30 AM

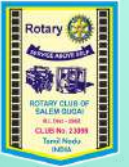


GUGAI ROTARY MAHAL, SALEM



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Basic
Education
& Literacy



Maternal &
Child
Health



Peace &
Conflict
Prevention/
Resolution



Disease
Prevention
&
Treatment



Water,
Sanitation
& Hygiene



Community &
Economic
Development



Support the
Environment

Home, Hearth, and Humanity

How Women Translate Rotary's Seven Areas of Focus into Daily Life

The work of global organizations like Rotary International is significant, involving large-scale projects, international grants, and high-level policy. Rotary's Seven Areas of Focus are designed to address the world's most critical challenges. Yet, a closer look reveals that these same principles are quietly and powerfully being enacted every day in the most fundamental unit of society: the home, largely through the tireless efforts of women.

By managing the home, raising families, and supporting their communities, women often embody the spirit of these global focuses in the most practical and personal ways.

1. 🌸 Peace and Conflict Prevention/Resolution

The Home Application: A woman's role as a peacemaker and conflict resolver within the home is constant.

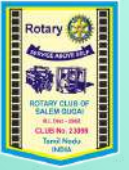
Conflict Resolution: She mediates disputes between siblings, addresses misunderstandings with partners, and teaches children the vital skills of apology, compromise, and empathy.

Building Peace: The home she creates is a sanctuary—a place of psychological safety where family members feel valued, understood, and protected from the conflicts of the outside world. This foundation of domestic peace is the bedrock for community stability.



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Spouses in FULL BLOOM

2. 💧 Water, Sanitation, and Hygiene (WASH)

The Home Application: This is perhaps the most direct translation from global focus to domestic responsibility.

Sanitation and Hygiene: Daily, women are the primary enforcers of handwashing, proper food handling, and maintaining a clean living environment. These simple, consistent practices are the front-line defense against disease, paralleling Rotary's global efforts to curb waterborne illnesses.

Water Management: In many parts of the world, it is the woman who manages the family's water supply, ensuring it is used sparingly and safely, teaching the next generation water conservation.

3. 👩👧👦 Maternal and Child Health

The Home Application: Women are the primary healthcare managers and educators for their families.

Nurturing Health: From ensuring nutritious meals to scheduling vaccinations, they are constantly monitoring the health and well-being of their children and partners.

Advocacy: They advocate for better healthcare access and education for themselves and their children, often making the crucial decisions that affect long-term family health. This focus on preventive care and nurturing life is the essence of maternal and child health.



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4. 🍏 Basic Education and Literacy

The Home Application: The woman is often the child's first, and most enduring, teacher.

Creating a Learning Environment: She reads to her children, monitors homework, and instills a love of learning and the value of education. The time she spends discussing school, books, and current events directly supports literacy.

Lifelong Learning: Many women also pursue their own education, attend workshops, or learn new skills to better support their families or careers, serving as powerful role models for lifelong learning.

5. ✅ Community Economic Development

The Home Application: Women are often the Chief Financial Officer of the household and critical contributors to the local economy.

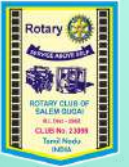
Financial Literacy: She manages the family budget, makes prudent purchasing decisions, and often finds creative ways to stretch resources, teaching her children about saving and responsible spending.

Entrepreneurship: A vast number of women engage in home-based businesses, side-hustles, or local sales (e.g., selling crafts, food, or services). By doing so, they stabilize their family's finances and inject capital and activity directly into their local community's economy.



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6. 🌍 Protecting the Environment

The Home Application: A mindful woman's home practices are miniature environmental sustainability projects.

"Reduce, Reuse, Recycle": She manages waste, repurposes clothes and containers, minimizes food waste through careful meal planning, and encourages the family to conserve energy.

Green Habits: By planting a home garden, choosing sustainable products, or teaching children to respect nature, she is implementing environmental ethics that Rotary seeks to promote on a larger scale.

7. 💪 Disease Prevention and Treatment (New Area)

The Home Application: While related to Maternal/Child Health, this area focuses more broadly on managing and preventing chronic and infectious diseases.

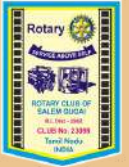
Health Maintenance: Women enforce healthy lifestyle choices—pushing for balanced diets, limiting screen time, and encouraging physical activity—to prevent diseases like obesity and diabetes.

Managing Wellness: She ensures necessary prescriptions are taken, understands family medical histories, and makes appointments. When an illness strikes, she is the primary caregiver, implementing treatment plans and preventing the spread of infection within the household and community.



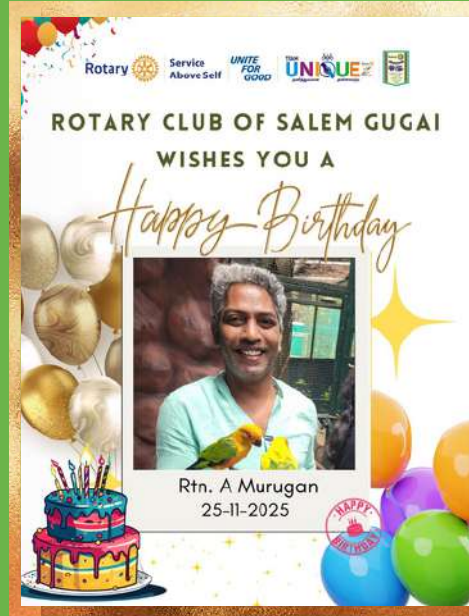
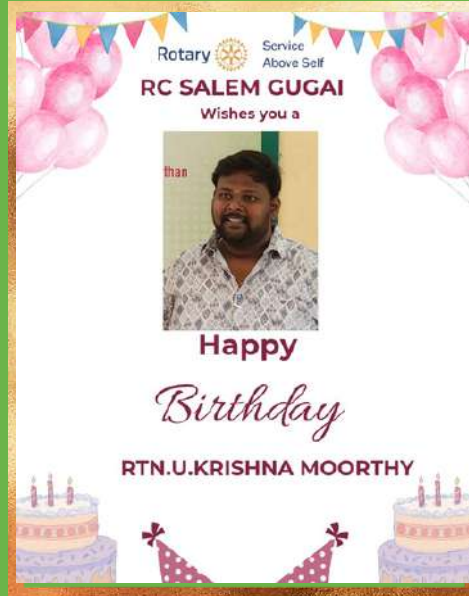
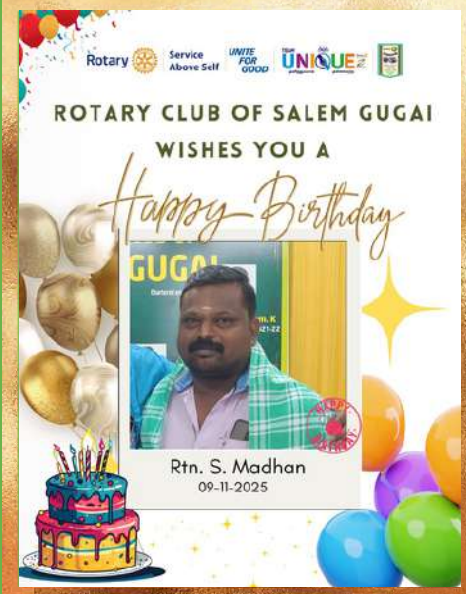
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ROTARY CLUB OF SALEM GUGAI

BIRTHDAY GREETINGS



"Birthdays are a time for reflection, celebration, and looking forward to the future. Wishing you a happy birthday and a wonderful year ahead!"

"Wishing you a lifetime of love, laughter, and happiness as you begin your new journey together. Congratulations!"

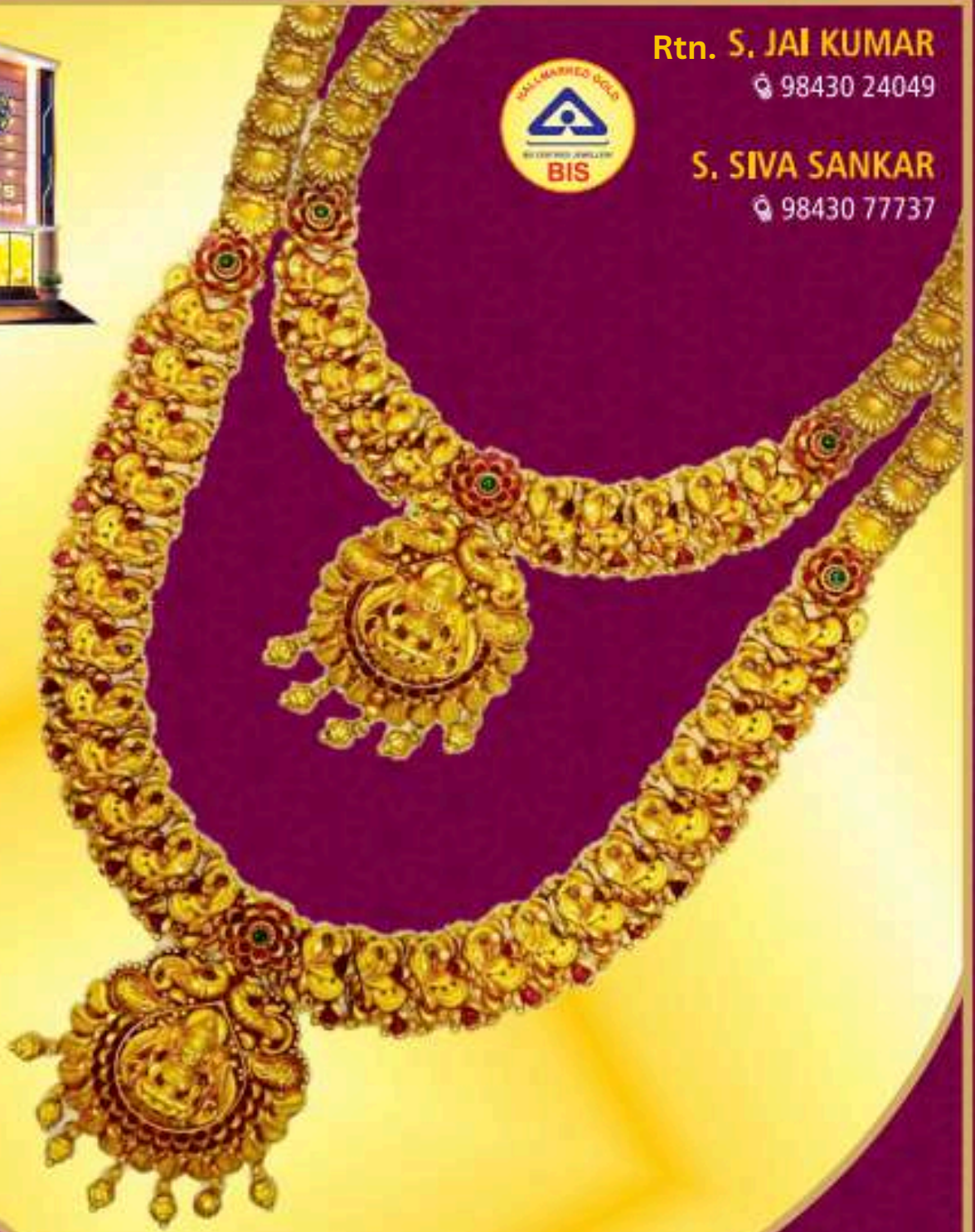


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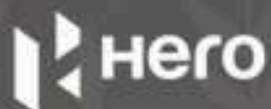
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&
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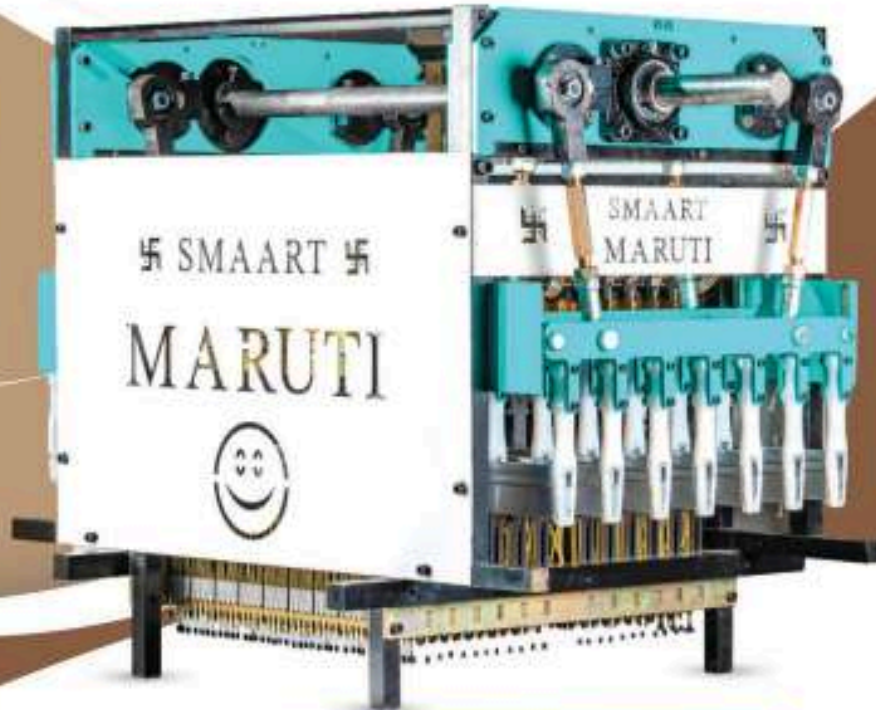
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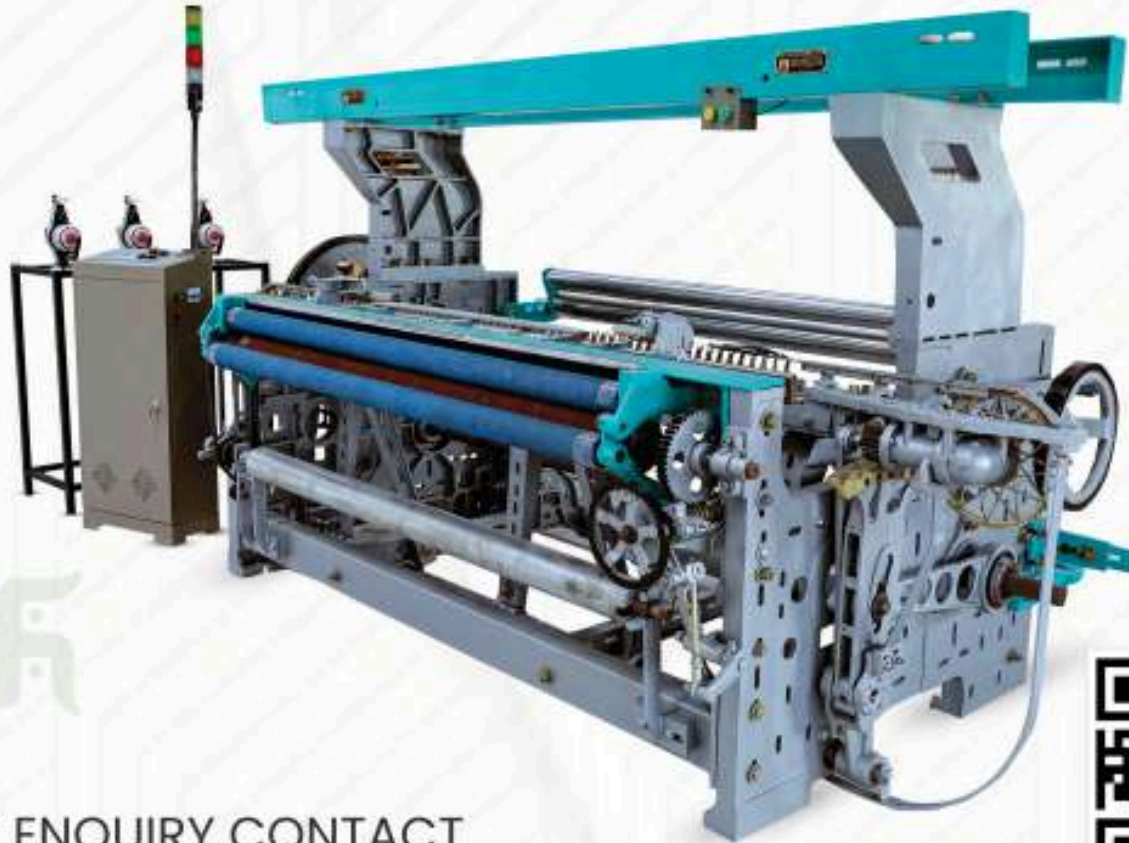
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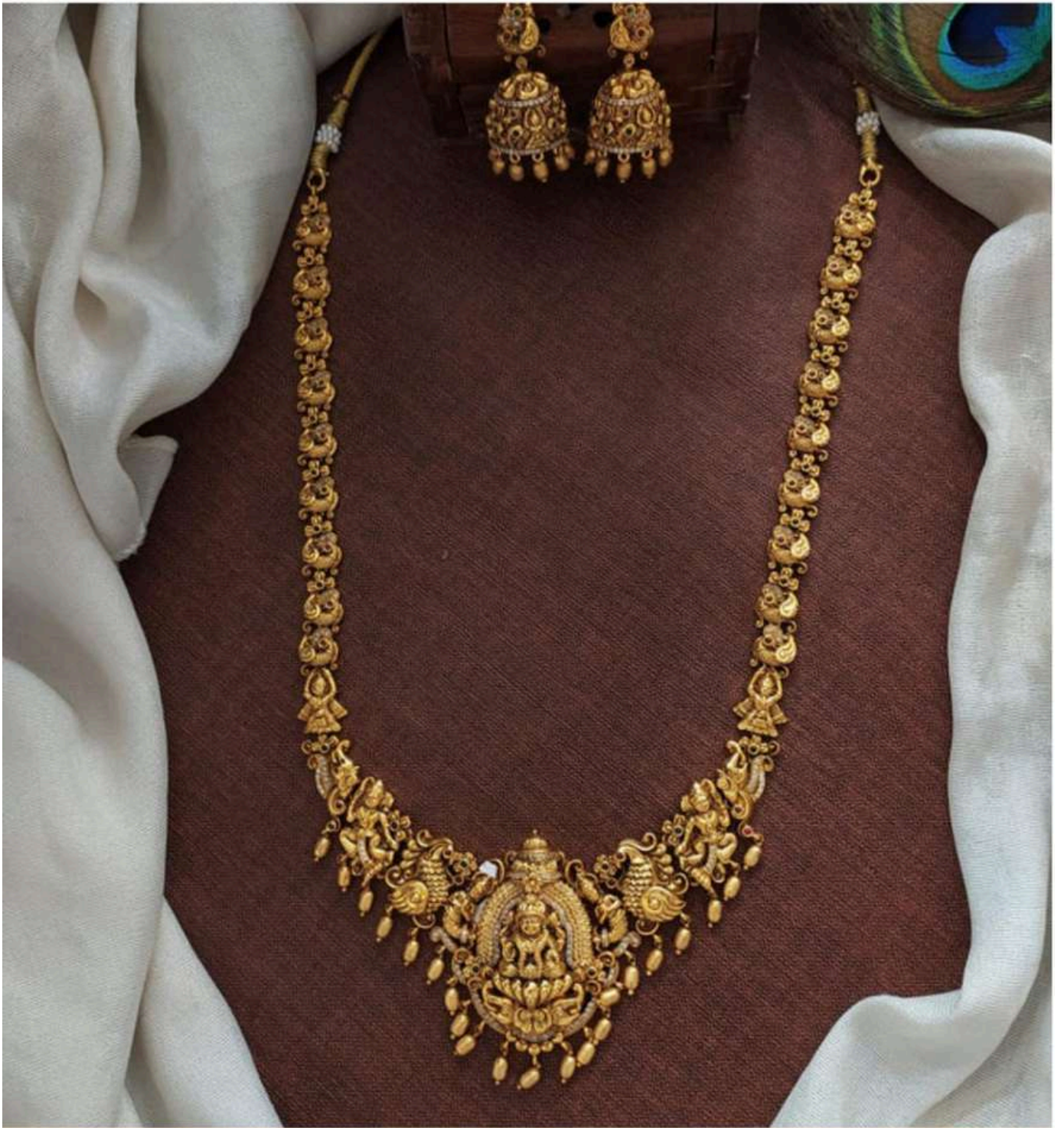
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